



PFR SIE-26488

Menstruation Poverty Surinam

Project information

Structure	Hilversum
Contact	Hilversum PPI ppihilversum@soroptimist.nl
Project title	Menstruation Poverty Surinam
Project start date	21/09/2023
Project end date	25/10/2024
Project location	Suriname
Soroptimist Partners (Union, Club, Single Club)	Paramaribo
External partner (NGOs, companies, local government, etc.)	Stichting Single Mothers Project Suriname Frank ong Alok Lionsclub Roosendaal Westhoek

Programme objectives

Economic empowerment
Education
Environmental sustainability
Health (including water and food security)

The story of your project

Please summarise your project in some sentences:

Providing sanitary products for single mothers and their daughters in Surinam so they can participate every day life. And introducing menstrual cups.

Why did your club / union choose to do this project?

Two of our members are familiar with the work of SSMPs. That is how we were informed at first. We choose this project as a club because we had to help the women participating everyday life in a country where inflation is very high. It is at the point that women have to choose between food or sanitary products. And as a result they are not able to maintain work or school which is so needed for their financial position and future.

At first we were a bit resilient. It is a topic that still is a taboo, also in our country which is known for their open mindedness about almost everything. Furthermore is it not that appealing as other topics to our donors. By then we realised that this is all the more reason to choose this project. We stand for awareness and therefore we cannot close our eyes when a topic is not that appealing.

How did you implement this project? What concrete actions did you take to tackle the issue you mentioned in the previous question?

At first we had to figure out and debate on how to get either money or products to SSMPs. We decided to send money monthly for the help of nearly 300 women/girls.

Two of our members visit Surinam regularly. They were present when the distributions took place. They also helped with buying the products. And kept an eye on the expenses made etc.

We made contact with Soroptimist Club Paramaribo to get these two connected and maintain a more solid and longer lasting help from within in Surinam.

The use of the cups is uncommon in Surinam. By creating a small group of users we tried to make the cups a success. We hoped that they could be a role-model for others who are not very open for this new type of sanitary products.

We also connected more serviceclubs or private persons to SSMPs and advised on how to transfer money. And our thought on why spending the money there and in which currency.

Did you encounter any problems in organising or running your project?

The main consumer goods companies were not into extra sponsoring. We tried with no result.

We thought of buying the products in the Netherlands and ship them or had our own members take it with them. That is not a possibility since customs does not allow it and asks for import duties.

We decided to transfer the money. Due to the inflation we choose to send money monthly. In that way our funds maintained its value.

And as an important side effect, we stimulate the Surinam economy. Transferring money is expensive and it would be an enormous good outcome if there would be an option for ANBO-status clubs to get a discount on transferring money or even better, transferring money for free.

The more sustainable cups are being used. Not to the amount we hoped for. Even though our club stops on fundraising our two members are still present and maintain their efforts.

How did you solve this problem? What did your club/union learn from solving these problems that you would like to share with others Soroptimists who might find themselves in the same situation?

Make sure that you are informed well before sending money. Where too, which currency (is not affected by inflation as much). And maintain funds in a stable economic country.

Step over your own shame. At first we were resilient. How can you make an invitation for a fundraisedinner and put largely on it that it is for menstruation poverty. These two do not combine that well. We choose to make the headlines more generic. Help Surinam Women and in further correspondence we focused more on the specific topic.

Did the members of your club/union consider this project a success?

Yes, we had often catch-ups, photo's and videocalls. We were very connected with the project and the ladies in Surinam who lead this project. Even though it is quite far, it felt close.

We raised more money then anticipated, We have a set of activities that really pay off and that we are maintaining in our future of fundraising.

Project results

Our project's main target were:

Girls
Women

Budget - Global project estimate?

10'000 €

How many people benefited from your project in total?

3'300

It is an average number, We think it is more but the amount of sanitary products divers from one woman to another.

How much money did you raise?

10'000 €

And 5000 by other parties. We did not include this in our scope.

How many hours have you spent to achieve this project?

250

Supporting material

Women's voices

Do you have a nice story or quote from a woman or girl who directly benefited from this project? If yes, please share it with us in the space below.

Help menstruation poverty out of this world, start with Surinam.

Useful links

- [Project on our site \(in Dutch\)](#)

Images

Benefietconcert

Help vrouwen in Suriname

Soroptimistclub Hilversum e.o.

8 September 2024
15:00-16:30
 Tickets 25 euro, geheel tbv
 Single Mother Project Suriname

Kaartjes hier te bestellen:



Of tickets via:
www.soroptimist.nl/Hilversum/webwinkel

Piano
Paul Rutten



Rachmaninoff, Rusland & Romantiek

7 preludes van Rachmaninov en
 pianomuziek van Borodin, Tchaikovsky,
 Glinka / Balakirev, en Scriabin






Prive: Huiskamerconcert ten bate van Single Mothers Suriname


Club H1lversum e.o

€25,00

So<optimiRclubHilv.JMima.o.




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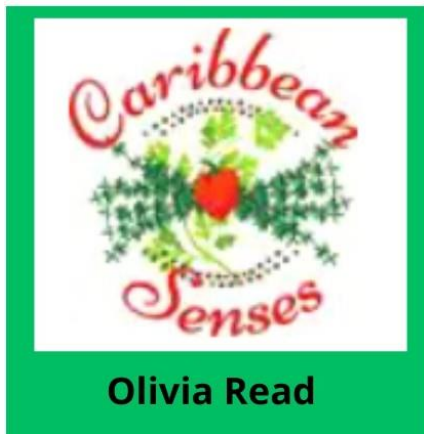


Rad'maninoff,Rusl'nd Romnti&t

Rachmaninoff was een jongenskind, geboren in het tsaristische Rusland en geworteld in de 19e eeuwse Romantische traditie. Na zijn ducht voorop de revolutie, is zijn muziek rijk aan harmonie en staat voor de romantische Russische muziek aan. Het hoogtepunt van zijn repertoire voor piano was zijn de preludes opus 3, 23 en 32, waarvan er 7 uitgegeven werden.



Zie voor manier von bestellen de bovenstaande tekst



FUNDRAISE DINER

HELP SURINAAMSE VROUWEN

**AVONDVULLEND PROGRAMMA MET
6-GANGENDINER COOK
VEGETARISCHJ INCLUSIEF 3
DRANKJES CFRIS, BIER EN WIJNJ
IN CULTURELE VERRASSINGEN!**

C50PP

KAARTEN



**VR/JOI
18OKTOBER
2024
18:00**



voor vega:



OPBRENGST KOMT GEHEEL TEN GOEDE AAN SINGLE MOTHER PROJECT SURINAME